Abstract:

Name of thesis:
Usage of floating for regeneration

Goals of thesis:
Assess which aspects have influence on final enjoyment of the floating procedure by comparison of survey results of two client’s groups. Determine what impact has the facility environment, staff approach and the manner and form of providing the services on client’s mental condition, inducing pleasant relaxation atmosphere and the overall enjoyment from the procedure. Discover insufficiencies and try to eliminate them, to help to create optimal environmental conditions for the floating procedure.

Method:
This thesis has the character of qualitative empiric research. For the research has been used the exploring method with the technic of non-standardized questionnaires with closed as well as open questions. Examined population is a group of twenty people, 10 persons as a first time visitors and 10 persons regularly visiting the facility.

Results:
The research has verified various aspects which have the impact on mental condition and enjoyment of the people. It has been determined that on the enjoyment of this procedure have a great impact personnel and professional approach of the staff, manner and form of providing the services and the overall environment where is the procedure located. We have ascertained difference between long-term visitors and first-time visitors especially in procedure perception and getting into environmental conditions which is connected with physical and mental relieve followed by relaxed posture of the person. We have discovered the key points which followed by their improvements could eliminate some insufficiencies and support better quality of the procedure enjoyment.

Key words:
water, balneology, procedure, water tank, relaxation, senzoric deprivation