

Abstract

Title: Football as an extracurricular activity in the first grade of elementary school

The goal of this thesis is to explore the role of football in the first grade of elementary school as an extracurricular activity from the child, parent, and coach perspectives. I assessed the frequency of this sport through carefully directed interviews with elementary school children. I conducted yet more interviews at football practices at different competitive levels to determine the popularity amongst players and its influence on them. I further examined the financial and time demands of this extracurricular activity through sending out surveys to parents. Last, I surveyd coaches to find out about the quality and type of football practices.

Key words: football training, age patterns, coach, child, parents