

**Title:**

Didactic Innovations in School Physical Education – Creative and Cooperational Activities

**Aim:**

The aim of this work is to bring new knowledge about the impact of innovative approaches in teaching physical education for pupils relationship to physical activities, to measure satisfaction with realized fillings and to develop individual abilities, skills, knowledge, and some personality traits, which are the key competencies within the meaning of Czech educational reform .

**Method:**

The research compares two groups of pupils, the experimental group in which they were applied creatively cooperative movement activities and the control group, with a traditional physical education. The data acquisition was used observation, interview form of reflection with students and questionnaire method. The questionnaire evaluated pupils traditional and innovative concept of physical education.

**results:**

The evaluation of the results of this research it is apparent that the creative cooperation activities have increased students' interest in the experimental group of school and extracurricular physical activities. At the same time promote the development of key competencies of students' - ability to creatively approach to solving problems. Applying cooperation in education positively affect the school climate and improve relations within the cooperative group.

**Keywords:**

Physical education, student, teacher, creativity, independence, cooperation.