

## **Abstract**

This work deals with the English language teacher training approaches administered at the Department of English Language and Literature of the Faculty of Education, Charles University in Prague. The work seeks answers to which aspects of teacher competence are developed by each of the approaches. As almost half of the trainees involved in the research had a previous teaching experience, the role of teaching experience on the development of teaching skills is also examined. Teacher trainees' written reflections on their teaching practice are analyzed using a combination of quantitative and qualitative methods. The results are related to current trends in teacher education.