This thesis explores the factual and fictional content of Pat Barker's war trilogy *Regeneration*, which consists of the novels *Regeneration* (1991), *The Eye in the Door* (1993) and *The Ghost Road* (1995). The aim of the thesis is to find various historical facts Barker uses in her trilogy and analyze how the author incorporates them into her fiction. In searching for the factual content of the trilogy, the thesis focuses on certain historical events, matters or issues which create the background of the trilogy. Some of the main characters of the trilogy and their real prototypes are analyzed. The thesis attempts to describe the trilogy as an antiwar literary work, depicting the impact of the war on soldiers and those who come in contact with them.