

Abstract

Title of the work :

Motivation of the equitation

Aim of the work:

The goal of this work was to get to know the deep recognition of the motivation of people practising the equitation. We tried to find out not only what kind of people are interested in the equitation but also what are their reasons to take up this activity and finally an answer the question why it became their life philosophy forever. We can ask the question: " What is the real motivation of these people coming back every day to the stable to devote their entire energies to this physically and mentally demanded activity with a very uncertain result?"

Methods of processing data :

This work is based on the empirical methods of the scientific research as well as the content analysis of the relevant literature together with the official Internet websites. I have chosen for my work the method of questionnaire investigation/examination/ combined with dialogues. The results were compiled in stats using Excel programme.

Key words:

Motivation, equitation, interests, needs, interspecies relationship

Results:

The results of exploration point out that the most important motivation for the horsemen being interviewed is the relationship with a horse, it means with a representative of the different animal species. Apart from this, another important motivational component is for them the feeling of joy caused by riding a horse actively, as well as the feeling of very strong reliability, love and partnership, which are set up through the interaction with the horse. The further motivational element is spending a lot of time in the nature. The social relations in the equitation and the need of uniqueness or credit are shown as less important according to this research. Moreover, the extensive research shows that the equitation is a very financial demanded activity with a lot of costs that are the main part of the horseman's income. However, the equitation became the lifestyle for the all inquirers which is proved by their high financial and time participation. There was not taken down any significant dependence on the age motivation in the research.