

ABSTRACT

Title: Outdoor Activities for People with Disabilities

Aims: The aim of the thesis is to prepare an argumentation for creating a professional centre offering outdoor activities to people with disabilities; to explore current situation within the field of outdoor activities; to assess the interest of workers in the field of education of people with disabilities in services provided by outdoor centres for people with disabilities; to assess the interest of people with disabilities in services provided by outdoor centres for people with disabilities.

Methods: The principal method of this work is a quantitative research by means of non-standard questionnaire distributed to people with disabilities and to professional workers and organizations engaged in education of people with disabilities.

Results: Based on a survey of publicly accessible information there was compiled an up-to-date list of organizations and centres engaged in providing outdoor activities for people with disabilities in the Czech Republic. My personal inquiry also showed a positive approach of people with disabilities and workers with disabled people towards outdoor activities; a scale of most demanded activities was compiled; and the respondents' awareness was found of organizations aimed at outdoor activities for people with disabilities in the Czech Republic.

Key words: Outdoor, Outdoor Activities, Outdoor Sports, Outdoor Centres, People with Disabilities, Integration, Adaptation.