

Abstract:

Title: Outdoor activities in selected secondary schools in Mladá Boleslav

Aim: The aim was to create a comprehensive summary of sport courses organized by secondary schools as a part of compulsory education and to find out students' true opinion of these courses, using the feedback based on executed activities.

Method: The data were collected using interviews and checklists which contained open, closed and scaled questions. These data were interpreted considering graphs and led into conclusions.

Results: Sport courses' structure is mostly conceived in way that educators don't care about preparation properly, they don't take advantage of natural environment but students showed appreciation to running of courses, though.

Key words: physical education, outdoor sports, adventure education, experience, sport games, ecological education.