

Abstract

Title

The interest in sport by the students of 2nd and 3rd Faculty of Medicine

Objectives

The goal of the thesis was to ascertain the structure of sports interests by the students of 2nd and 3rd Faculty of Medicine CU and relevancy to outdoor sports.

Methods

Questionnaire evaluation with thirteen open and closed questions. The questionnaire was not standardized. The analysis and evaluation of the facts were accomplished by the column chart and the tables. The set was constituted by 407 students, 182 students were from 2nd and 225 students were from 3rd Faculty of Medicine CU.

Results

The students of 2nd and 3rd Faculty of Medicine CU work out usually two to four hours a week. They are interested in individual sports. 98 students are interested in swimming, 63 students in running, 40 students in fitness sport. Their most favourite sports same is volleyball (62 students). They are very interested in outdoor sports, all above cycling (111), hiking (40) and downhill skiing (47).

Discussion and Conclusions

The university education has a positive effect on physical activity, the people with degree do sport more frequently then the rest of society. The students prefer individual sports, the most frequently swimming, running and fitness sport. The students are very interested in winter and summer sports courses, they prefer outdoor games (cycling, hiking and downhill skiing) there.

Keywords

history, university sport, outdoor sports, physical activites, structure of priority