

Abstract:

Diploma thesis „*Psychomotricity in swimming education of preschool children*“ focuses on the use of psychomotor activities when teaching preschool children swimming. The theoretical part describes in detail, all according to available sources, the terms related to psychomotricity, development and swimming of a preschool child. The practical part of thesis focuses on the fact, whether it is beneficial and appropriate to apply psychomotor activities in swimming education. Further it strives to find out how big is the psychomotor awareness of Czech swimming instructors.