

The goal of my thesis is to introduce professionals concerned with special educational or art with the art techniques with elements of art which are suitable for individuals with mental disabilities.

In the theoretical part, I looked at the themes: Children's creative expression, Special art, Art Therapy, Symbols in art therapy, Goals of art therapy, Art Therapy techniques, Mental retardation

In the practical part I have to invent an individual training - methodology for working with mentally handicapped and implement various activities with elements of visual art.