

ABSTRACT

Title: Case study of physiotherapy treatment of patient with the paresis n. peroneus .

Goals: Gain of theoretical and practical knowledge about peripheral paresis, especially peripheral paresis n. peroneus . Subsequent case study formulation of patient with selected diagnosis made during coherent scholarly practice.

Methods: The theoretical part of this bachelor thesis contains theoretical knowledge about anatomy of peripheral nervous system of the lower extremities, the clinical image of the peripheral paresis and the treatment with sequential therapy.

Results: Decrease of muscle shortening. Increase of muscle strength in weakened muscles, improvement of movement range, elimination of reflexive changes and restoration of joint play.

Conclusions: Indication of physiotherapy is one of the most important in the treatment of peripheral paresis.

Key words: peripheral paresis, n.peroneus, physiotherapy, case study.