Abstract:

This thesis focuses on evaluation a assessment of pain in Rehabilitation of Painful Vertebral Syndrome. The teoretical part briefly covers funktional issues and funktional disorders and the approach to Painful Vertebral Syndrome by autors of Prague School of Rehabilitation. The thesis covers mainly chronical state of Painful Vertebral Syndrome, for witch purposed our inquiry.

The practical part present results of survey, which was focused on evaluation and assessment of the pain in Painfun Vertbral Syndrome a how it chanages by the rehabilitation therapy on KRL FNKV (in years 2009 and 2010). The Brief Pain Inventory (BPI - translated vision) has been used as a pain assessment tool two times, before therapy and after therapy. The BPI measures both the intensity of pain (sensory dimesion) and interface of pain in the patien's life (reactive dimension). It also queries the patient about pain relief, pain quality, and patient perception of cause of pain (20).

Overall we can say, there is an effect on the pain in Painful Vertebral Syndrome by the intensive three –weeks rehabilitation. Rehabilitation reduced pain in intenzity and it also helped pacients to manage activitities of daily living. Reduce of the pain causes, that there isn't necessary to use painkillers that much.