Summary: The work is divided into general and special part.
General part: This part deals with the issue of cervical disc disorder with myelopathy and its treatment with rehabilitation included. General part is divided into individual chapters and subchapters which contain the definition and the description of its issue, its etiology, occurrence and pathogenesis of the illness. It explains basic anatomical terms, clinical views and pharmacological methods.
Special part: It is written up in the form of the case report of particular patient with his (above-mentioned) diagnosis. Then, anamnesis, complex entry and final kinesiology examination and the description of therapeutic plan are described in detail.