ABSTRACT

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The bachelor thesis describes the injuries of knee joint of football players. It concerns with anatomical, biomechanical, kinesiological issues, and also with various other types of injuries of knee joint, its consequential examination and different types of treatment including the physiotherapy.

Some sections focus more on ligamentum cruciatum anterior, which occur mostly as an injury of football players. This type of damage is discussed in empirical part of this thesis, where is tested the beneficence of physiotherapy. The treatment procedure is applied to professional players in productive age, however, the principles are general and it is possible to use them in common practice.