The thesis analyses a previously untreated and unexplored treatise entitled De modulo studendi. It is located in ms. M I 357, kept in the Research Library in Olomouc, formerly from the Carthusian monastery in Olomouc.

In the first part the problem of dating the treatise and the manuscript is discussed by analyzing the physical characteristics of the manuscript and its content. It seems likely that the manuscript was written sometime in 1450–1460's. The treatise itself seems to be written after 1456.

In this section is also shown, how the medical part of the treaties depends directly on a set of medical prescriptions, called Recepta ac consila medica, which precede the treatise in the manuscript.

In the second part the content of each chapter of De modulo studendi is summarized and commented. The treatise provides special advices on schoolbooks at the university level as well as the general advices for successful study. An edition of the selected parts of the treatise is also included in this work.