

The aim of this thesis was to explain therapeutic possibilities of sound in all its connections. Sound is described in relation to several disciplines. Initially, sound is presented as an acoustic and psychoacoustic phenomenon, followed by characterization of physiology of auditory system and findings from psychology of music. The focus of the thesis is anchored in the chapter dedicated to healing and corrective effects of sound – the music therapy. After short history context is presented, the characteristics and analysis of contemporary situation are discussed. Several types of sound – noise, music and sound of speech – are studied in their positive as well as negative influence on psychic and physical health of human. Current research is represented by selection of relevant papers (n=9) which are assessed by the criterion of credibility and rigidity of methodology. This aspect is also perceived as an essential one for the future research in the area of sound effect on human psychic and physical health.