

Abstract

Title:

The efficiency of video coaching between first and second period in Elite Czech ice-hockey team during season

Objectives:

The aim of this thesis is findings the efficiency of applied video coaching in Elite Czech ice-hockey team during sezon. This kind of feedback was done with qualitative analyzsis of playing situations.

Methods:

The efficiency of fast analyses was estimated qualitatively by changes in between score in first and second period. From statistical methods was used the aritmetical avarage of score changes and numbres of possitive, neutral or negativ changes of score. The qualitative analyses was done for parcial results of every match, while was evaluate the numberes of different parts of analysed situation.

Results:

In statistical analyses was proved the positive effect of videoanalyses application. At estimated team was achieved 0,56 goals in avaradge in matches with videoanalyses application between first and second period. The [frequency](#) of negative scores was by 10 examples lower with videoanalyses application between first and second period.

Key words:

video coaching, ice-hockey, analysis