

Abstract

Annotation: The thesis deals with a problem of personality in the context of the top athletes' and top managers' activities. Comparison of the demands of these activities on the human and comparison of the personality profile results in a finding that there is a certain consensus in the personality profiles of top athletes and top managers and also to the conclusion that there is a noticeable difference between them in the emotional area.

Title: Comparison of personality traits of top athletes and top managers.

Objectives: Find a set of personality traits characteristic for particular groups of athletes and for a group of top managers and to determine which of the psychological characteristics of these groups are similar, respectively. Confirm the hypothesis: "It is possible to suppose that the personality traits of athletes match the demands of the sport sector, as well as the personality traits of the top managers correspond with the demands of their professional activities, and that there is a consensus in the personality characteristics of athletes and top managers, which corresponds to a consensus on demands of these two activities".

Methods: Cattell's 16 P. F. Questionnaire, correlation analysis according to Spearman, calculation of the statistical significance of the difference by the relevant test indicators according to Student's t-criteria, comparative analysis.

Results: Objectives of the thesis were achieved and the hypothesis was confirmed.

Keywords: personality, personality structure, temperament, typology, psycho-diagnostics