

Abstract

Title: Historical development of freediving.

Objectives: The goal of this thesis is to describe the historical development of freediving.

Methods: To achieve the goal, it has been analysed all available information including literature, internet software, materials about diving, descriptions, comparisons and an interview.

Results: This thesis shall provide, to those interested in the sport and to general public, a comprehensive and clear description of historical development of freediving from the early beginnings to the present.

Keywords: history, sport, diving, swimming, freediving