

ABSTRAKT

Name: Physical Education at Special Schools for Mentally Handicapped

Project goal: The main objective of this work was to suggest theoretical pieces of information related to physical education at special schools for mentally handicapped, determine the current proficiency of teachers towards the teaching of physical education at special schools, specify the capacities of material and space equipment and to present a collection of games and draft activities within physical education in classes of special schools.

Methodology: Upon the basis of professional literature, I described and characterized the current situation of physical education in classes of special schools for mentally handicapped. By means of a questionnaire I attempted at finding out the situation and level of physical education at twenty special schools in the region of Vysocina. The found data commented on and supported all mentioned questions of the questionnaire.

Results: The teaching qualification of teachers at special schools in monitored regions is insufficient. The situation of the personnel at special schools is undoubtedly feminized. The material equipment and space conditions are on a very good level. The teachers are forced to use methods in their physical education classes, which are not officially approved by the Ministry of Education, Youth and Sports.

Key words: special schools, special class, mental handicap