

Abstract

Title of bachelor's thesis:

Case study of physiotherapy treatment of a patient after a surgical stabilization of the cervical spine.

Aim of the thesis:

Aim of the bachelor's thesis is to define disability of the cervical spine by rheumatoid arthritis patient and focus on physiotherapeutic procedures, which are used for patients after a surgical stabilization of the cervical spine.

Method:

The first part of the bachelor's thesis is theoretical and will be written up in the form of search. Aim is to collect and compare published information from professional articles, books and studies about issue of physiotherapeutic care for patient with rheumatoid arthritis after the surgical stabilization of the spine. Will be used Czech and also foreign sources, from the year 1974.

The second part is special, will be written up in the form of case report of patient with rheumatoid arthritis (IV. degree). This special part is based on therapeutic sessions with patient in the Rheumatology institute in Prague, within continuous professional practice from 9th January to 4th February 2012. The aim is to use obtained knowledge and skills from theoretical and practical studies to examine patient, do proposal and application of suitable physiotherapeutic methods or procedures.

Key words: physiotherapy, case study, cervical spine, rheumatoid arthritis