

Abstrakt 1 v českém jazyce

The work is focused on leisure time of youth and the risks associated with its use of poor quality. The first part deals with definitions, functions, environment that affect free time. Further notes on the developmental characteristics of adolescence, lifestyle and quality of life as the highest human value. Emphasis is placed on the importance of social prevention of youth risk behavior. The practical part describes leisure opportunities in a specific location - Prague 14 - Černý Most.