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Abstrakt:

Goals: To discover occurrence of training system components at some selected racers participating in the police langlauf with shooting racing on the basis of the analysis of a selective investigation results, which is a main representative of an observation study.

Method: The selective investigation was accomplished through structured standard interviews with 22 participants in championships of the Police of the Czech Republic. The selection of informants was accomplished through a simple random sample from the basic files of all the participating racers. The interviews included questions intent on the finding of the occurrence of constituent training system components. The analysis of results was accomplished through a statistic discriminant analysis.

Results: They are clarifying occurrence of constituent training system components and they have contribute to pointing out on potential imperfections with a possibility of their redress and ensurance of rising of the sport performance.

Key words: training system, police langlauf with shooting, observation study, selective investigation