

Téma diplomové práce	Aromatherapy and Its Favourite Essential Oils
Jméno studenta, studentky	Eirini Karra
Jméno vedoucího diplomové práce	PharmDr. Helena Marešová

I. Posudek vedoucího diplomové práce

The foreign country student Eirini Karra came to me and asked for my support immediately during the first year since her transfer from the study of pharmacy in the United Kingdom. She was interested in Homeopathy and Aromatherapy. I advised her to focus on Aromatherapy because this topic has not been studied or described at our Faculty yet.

Most of the time the student had to work independently, and she also spent her time in Greece finishing the pharmacy practice - practical training. She suffered some computer-related troubles and a damage of her data occurred. Nevertheless, she continued working and at the beginning of April 2011 she was able to show me a version of her diploma thesis, which was almost complete.

The applicant studied and described Aromatherapy as one of the most prominent branches of the current complementary and alternative medicine. Her thesis focused on the origin and history of Aromatherapy, its active substances and their chemical, physical and healing properties, their sources, indications, contraindications. Possible ways of application and the rules for safety in the practical use were also discussed. The most favourite essential oils in Aromatherapy were described in detail to give some examples for better understanding of the issue.

To gather and sort relevant information, the student searched out and studied classical books on Aromatherapy, journals and internet databases dealing with Aromatherapy and its features. As a future pharmacist, she did not forget to consult the Pharmacopoeia as well, although its concept regarding the essential oils (composition, stability tests, etc.) is rather different from the concept used in practical Aromatherapy. During her work, the applicant had to substantially improve her skills to manage the scientific information processing.

I expected her to be more focused on Aromatherapy in her own country and to develop the knowledge of how the worldwide study of Aromatherapy works and which are the most important national and international organizations in this sphere.

Although she did not concern these topics in her overview, in my opinion the diploma thesis of Eirini Karra was done properly and has fulfilled all the conditions and requirements to be accepted.

I recommend it to be defended.

Navrhovaná klasifikace **excellent**

V Hradci Králové dne 15th May, 2011

Podpis vedoucího diplomové práce