

Téma diplomové práce	<b>Aromatherapy and its favourite essentials oils</b>
Jméno studenta, studentky	<b>Eirini Karra</b>
Jméno oponenta	<b>PharmDr.Jitka Pokladníková, Ph.D.</b>

## II. Posudek oponenta

The thesis main topic is Aromatherapy and its favourite Essential oils. It is a descriptive summary of Aromatherapy, its history, substances used in aromatherapy – their sources, composition, production, quality, application forms, therapeutic uses and a more detailed description of a few essential oils. The European Pharmacopoeia view of essential oils is also considered.

The thesis is written in clear English. The writing is mainly correct, concise and easily read. The thesis is organised into the following parts: Introduction, Aim of the thesis, Conclusion, list of 46 bibliographic references and 2 Appendices. The objective of the study is well defined and the stated aims of the study are answered clearly and systematically. The results are well presented. There are some thesis formal weaknesses: theoretical part is not mentioned in the thesis content, both figures and tables need to be mentioned in the text, a table name should precede the table itself, every new paragraph needs to be formatted, the references No. 31 to 45 have to be incorporated in the text once listed in the list of references. Also, some references are not complete and accurate (eg.: Ref. No. 10). Few references could have been more recent.

Although the thesis contribution to the scientific body of knowledge is limited, it can be used as a brief introductory overview of this complementary modality to pharmacy students and teachers.

The diploma candidate can defend the thesis.

1. Is the meaning of the word „effective“ - mentioned in the table names (eg.p.27) - based on evidence-based medicine or traditional use?
2. Do you have any idea what is the proportion of pharmacies offering essentials oils to their clients in different European countries?
3. From my own experience from the WHO Uppsala Monitoring Centre - an international system for monitoring adverse reactions to drugs, tea tree oil belonged to one of the most frequently cited substances causing adverse reactions. On page 44, no safety issues are mentioned. Have you read some study related to the safety of tea tree oil?