

# **Abstract in English**

A beautiful and healthy body now indicates a happy and contented life, and that is why our society is so obsessed by it. It was transformed into a commercial object, and the borders to which we can manipulate with it are pushed even further. At the same time, many people realize the necessity of cooperation with the body in order to reach a physical and mental health. Voices are heard calling for prevention of exploitation of human bodies and against the lowering of human dignity. We can see showing up different kinds of oriental philosophy, psychosomatic medicine or psychoterapeutic approaches targeted at the body, which are trying to outweigh the trends treating the body as a mere commodity.

In spite of those efforts, the number of people with impaired perception and experiencing of their own body is still growing. The most frequent and most discussed are the eating disorders, which endanger seriously all aspects of a person's life. Most of the disorders will develop during adolescence, and that is why in my research I focused on the mapping of corporal experience of young people. In my work I employed the grounded theory method, or a qualitative research. The main research method used is semi-structured interview.

The theoretical part consists of a philosophical historical and social psychological background, through which the human body is observed. My effort was to highlight the developmental specificities of the adolescent stage in relation to the subject matter. The theoretical part is concluded by a chapter dealing with psychoanalytic theories.

The thesis brings some results on which ways and based on which mechanisms young people understand and operate with their bodies.