

The diploma thesis focuses on experiential education as a possible and efficient methodology for teaching ESL to adult learners. The theoretical part scrutinizes the key principles of the method and investigates its background. In addition, the thesis clarifies the concept of learning styles and Kolb's Learning Cycle. The following sections deal with the adult learner as a specific type of learner with his characteristic needs and factors influencing his SLA. Furthermore, the benefits of experiential education for the adult learner are considered. The practical part introduces several concrete activities using elements of experiential education. These activities were described in detail and piloted in a group of adult learners.