

Abstract:

The Thesis is focused on music and physical education as a part of educational process. It has got an irreplaceable importance in children with mental disorders due to inspiration for their own activity and promotion of the whole motor development. This work is dealing with a content of this education, its importance and role in the Special basic school. It also defines mental handicaped childrens' character and the influence of music and physical education on their general development. It describes a variety of music and physical resources and their usage in the music and movement activities as well. These are applicated into a project called." Dancing and singing, with a fairy tale learning". This elaborated project represents specific examples of music and movement activities and their realization in the Special basic school.

Key Words:

Children, music, music and physical education, music and movement activities, music and movement games, mental disorders, motivation, songs, movement, physical exhibition, dancing games.