

This thesis deals with the social skills of helping professions. The aim was to capture the level of social skills of selected professions - a psychologist, social worker and clergyman. The research was focused on the social skills as a whole and tries to accommodate the multidimensionality of this researched issue. In the theoretical section, there are outlined the theoretical growing points related to the researched issue. In the empirical part, by means of the SSI R.E. Riggio questionnaire, there are mapped the individual dimensions of social skills in both the social (verbal) and emotional (nonverbal) dimensions while for each dimension it was dealt with the field of expression, sensitivity and control.

The findings of this research show that the social skills of helping workers are lower than these expected with the common population. These findings, however, point at a certain uniformity and thus at the balance of various dimensions which are, in particular, verbal and nonverbal. As it regards the selected professions, the best results were achieved with the clergy while the lowest results were achieved with the profession of social workers.