

Application of art therapy elements for students at high special school (practical)

The theme of this bachelor thesis is the use of art therapy procedure for pupils from practical two-year high school.

The aim of this thesis is to consider the possibilities of using elements of group art therapy for the development of self-knowledge, communication, for strengthening of prosocial ties and increasing of a sense of group belonging. In the narrower sense, art therapy is understood as a fine art therapy.

Theoretical basis of the thesis will be the methods of art therapy, their possibilities and procedures, developmental aspects of maturing, specifics of maturing for pupils with handicaps (mental retardation issues, specific disorders of behavior problems of pupils with social and physical handicaps).

In the practical part of the thesis there is described the use of these methods in my own art lessons.