MASTER THESIS SUPERVISOR’S REPORT

Author of thesis: Mgr. Iselin Saetre GULDBRANDSOY

Thesis title: Typical Dance Injuries and Prevention of Them

Supervisor: Doc. PaedDr. Dagmar Pavlů, CSc..

Opponent: Mgr. Jitka Čemusová, PhD.

The diploma thesis presented on the subject of “Typical Dance Injuries and Prevention of Them” has been prepared on 137 pages of text using 120 literature and other sources and incorporating nine pages of appendices.

The work represents a literature review in which the author has set herself the task of answering four basic questions focused on damage to the lower limbs and possible prevention of such damage in dancers.

The work is systematically divided into eight chapters, which is fully in accordance with the rules for writing diploma thesis on the Charles University in Prague, FTVS.

In the work the author first deals with topics characterising dance, then in greater detail analyses injuries associated with dance and then subsequently targets injuries to the lower limbs. The fourth chapter is devoted to preventive techniques. In the results chapter the author makes her conclusions and findings in relation to the research questions as put. The discussion is also systematically divided against the research questions and prepared very well both in terms of scope and content.

The whole work is written very exactly, in methodological terms the research is conducted in a very satisfactory manner. The conclusions to which the author has come are very beneficial for practice. The conclusions are all the more valuable in that the treated topic represents an area which has not received adequate attention until now, in spite of its seriousness. Inter alia it is possible from this angle to see this diploma thesis as original work and it would be appropriate to publish these results and have them presented to a wider professional audience.
From a formal point of view there is no further comment I can make to the student, nor do I have comments to make on the my cooperation with this student. On the contrary, one should highlight the great care taken over the work, the clear use of language, even though this was not the student's mother tongue.

The diploma thesis as submitted greatly exceeds the demands which are made of diploma thesis. I therefore recommend that the Committee for State Final Examinations accept the work of student Mgr. Iselin Saetre GULDBRANDSOY for viva voce defence and I propose a mark of excellent.

Questions for viva voce:
Please state the most basic and specific recommendations which you would propose and could be immediately implemented in practice, based on the conclusions of your work.

In Prague, 23. April 2012

Doc. Dr. Dagmar Pavlů, CSc.
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