

In the preface of this work I talking about quality of our life. Work on the assumption life should be lived as good as possible. We can't do this without understanding who we are? What we are feeling? What we need? What our neighbour need? What they are feeling? It's obvious, our family formed us in the most sensitive period of our life. We are without experiences, vulnerable. We will formed our children in the same way. I show the taboo from the many views and positions. Taboo is unremitting and still changing component of our lifes. The separation taboo from natural keeping secrets - privacy is very important. I used taboo as an affect negatively instrument in family communication. Taboo can interrupt the family communication.