

SUMMARY

This Thesis deals with the issue of the burnout syndrome and with relationship between burnout syndrome and social support. The aim of this work is based on knowledge from the literature and from experience of clinical psychiatrists to assess the significance of social support for individuals suffering from the burnout syndrome. In the Thesis, there are first defined terms *burnout syndrome* and *social support*. Consequently, there are presented the most important knowledge of social support, its components, functions and impact on the individual. Then, the Thesis identifies the main cause of burnout – the stress. It defines its main levels as well as stimuli that cause it, discusses the symptoms of stress, follows its development and consequences and analyzes the ways to cope with the burnout syndrome. Furthermore, the Thesis describes the development of burnout, characterizes the symptoms and personal dispositions that facilitate its formation and development. The Thesis focuses on professions that are vulnerable to formation and development of the burnout syndrome and contains a case report of an individual who has recently suffered by the burnout syndrome.

Key words:

burnout syndrome, social support, causes of burnout, stress, stressors, burnout symptoms, burnout development