This thesis presents my personal view of the art and the world around us. Primary issue is the understanding of life and art as a journey and an infinite search. Based on this perspective, the specific topics like art, forms and means of expression, symbolism, concept of a journey, time and work of different artists are being surveyed both generally and specifically. Through the survey of those topics, connections and coherences are being found. This thesis also consists of an analysis of my own art work (painting) and my didactic praxis together with a subject of didactics. The elements of contemplation penetrate the entire thesis.