

Abstract

The goal of this thesis is to remind the importance of the two selected categories of the educational content of the subject of dance and movement education in primary school: improvisation and creativity, their conception and implementation in education. The thesis is divided into theoretical and practical part. The theoretical part firstly deals with dance based on movement – the most natural activity of everyone. Then, the subject of dance and movement education is introduced together with its characteristics. The following chapters describe the importance of improvisation and creativity in dance and movement education. The practical part consists of a qualitative research of which the main aim was to find out how improvisation and creativity are being fulfilled in practice. The research was realized using the method of participating observation. That part also presents its results.