This thesis treats of Célestin Freinet's pedagogy and of his "Free Writing" technique. The theoretical part describes the circumstance of Freinet's pedagogy's emergence in its historical context, reformation movements in former Czechoslovakia, and current transformation process in our school system. Upon the aforementioned theoretical basis, this thesis shows how the Free Writing technique could possibly evolve if introduced into Czech elementary schools. The practical part builds upon Freinet's experience with integration of the Free Writing technique into current schools. Action research describes an attempt to use this technique in one elementary school in Prague.