

Abstract

Title: Analysis of athletic performance of acrobatic rock and roll in category A and B

Objectives: The aim of this work is to comprehensively assess athletic performance of acrobatic rock and roll with an emphasis on category A and B. Make a comparison of these two k-the category of.

Method: In this work the method of content analysis and comparison. Content analysis method was used in the theoretical part, as analysis of available literature sources dealing with sports performance. Comparison method was used in the analytical and practical, the comparison of the two categories.

Results: The content analysis of literary sources, in the theoretical part, we can apply the theoretical and general knowledge of sport performance for the specific needs of sport performance for acrobatic rock and roll. The comparison of category A and B have reached the specific differences that distinguish the dance category in terms of performance demands on the dancers.

Key words: performance, structure, acrobatic rock and roll, acrobatics, category A, category B