

## **Abstract**

**Titel:** Selection of tennis coach under the concept of his training sessions

**Goals:.** Set-up of a useful manual, that helps to choose a tennis coach for beginning tennis players easily. This work points at the right coaching along with often seen mistakes while executing training sessions.

**Method:.** After setting-up of the tennis manual there was the analysis of scientific literature (background research) from a field of sports training session and tennis specialization

**Results:** There will be set-up of a concise manual, which should, after it has been read, help parents to choose the suitable coach for their children. The manual is supposed to point at the mistakes and shortages while coaching tennis sessions.

**Key words:** tennis, coach, coaching