

Abstract

Title: Practical teaching of scuba diving.

Objectives: On the basis of the findings from the literature, information resources and consultation, establish a list of key skills taught in the practical teaching of the first scuba diving qualification level. Then select skills practiced in protected water environment and make the exercise sheets for them. Exercise sheets will include the skills, which correct acquisition should lead to passing the final examinations of this qualification.

Methods: In this bachelor thesis was data obtained by examining expert documents and observation and interview methods. Basic information were obtained from documents dealing with the practical teaching of scuba diving. These information were then expanded by observation of teaching and interviews with experts on scuba diving training.

Results: List of skills for practical part of the first scuba diving qualification level and exercise sheets for these skills used for the needs of instructors and trainees.

Key words: scuba diving, practical teaching, skills, exercise sheets.