TITLIE:
Alcohol addiction and it´s therapy- protecting and debilitating factors

SUMMARY:
Alcohol is the most wide-spread socially tolerable drugs in our society. The reasons why the amount of addicted people is still increasing could be almost anything. A fact is that specialized care in the case of alcohol addiction is more and more searched by women and even teenagers. The goal of this project is to choose concrete factors, which lead man to extent of addiction and also those factors that support man during a therapy. Protecting factors during therapy are presented in the connection with „meaning of life“ according to the psychotherapeutic approach logotherapy.

The main theme of this project is „Alcohol addiction and it´s therapy- protecting and debilitating factors“.

The theoretical framework consists of problems of alcohol addiction, primary protecting and debilitating factors in addiction and therapy according to the literature and Viktor Emil Frankl’s logotherapy with special emphasis to the „meaning of life“. The empirical part consists of qualitative research data. They were collected during semi-structured interviews with patients treated for alcohol addiction in Psychiatric medical institution- Bohnice. The concrete protecting and debilitating factors in alcohol addiction and it’s therapy were pointed out from the qualitative research. Selected case report point out that there is connection between alcohol addiction and the meaning of life. The discussion includes the interpretation of empirical part according to the author. The connection between the theoretical and the empirical part of the work and meaning of life of addicted people is being discussed.

KEY WORDS: addiction, protecting factor, debilitating factor, meaning of life