

Abstrakt

The thesis „Parental influence on creating their children's attitude towards kinetic activities“ analyzes the degree of the parental influence on creating their children's positive attitude towards kinetic activities and searches for other factors affecting these attitudes.

In the theoretical part of the thesis I highlighted the influence of the parents on creating personality of the child and the importance of upbringing in a family. I also emphasised the need of meaningful use of the children's leisure time and last but not least I pointed out the affect of kinetic activities on child's health.

In the empirical part of the thesis approximately 120 respondents (children aged 13-15) and their parents coming from the Orlicko-ustecko region were examined using quantitative questionnaires. I looked for the ways that the parents use to encourage their children's attitude towards movement and for other aspects that help to strengthen those attitudes. The results of the examination show that it is exactly the parents who play the biggest role in creating a stable attitude of the children towards movement and so it is crucial to pay special attention to this area of the child's development.

At the end of the thesis I emphasized the necessity of trying to avoid mistakes that can sometimes even cause a child's aversion towards sport and movement generally, which does not only effect children's health negatively but it can also help creating environment of the birth of socially pathological phenomena.