

Bachelor's thesis is focused quality and hours of TV content on the 1st degree of primary schools (the school). Particularly as regards the structure of hours / home-heating part of the preparatory, main and final part) and it corresponds to the specific age school children and whether they included medical and remedial exercises. Part of this work are examples of health exercises and examples of motivational games and adventure games and psychomotor development of various motor skills of the individual. The clock was also monitored by the variety of hours, just as the use of various games, aids and tools .