

This text is addressed to all interested parties from the general public, especially those who develop addiction problems more involved. Work includes general information about the expansion dependencies associated with the use of various technologies. Points to the low age of users 'modern conveniences' and tries to point out that the seemingly ordinary children playing on mobile phones, video games or excessive typing text messages they may encourage the emergence of dependence. Part of this work is research-based findings of the prevalence of the use of technology to play with children at 1 elementary schools and a description of possible pathological manifestations associated with it.