This thesis is dealing with problems of long-time managing a difficult life situation. Like a difficult life situation is considered a taking care of a heavily handicapped child. There are three marriage pairs and one single mother under the research. Children handicapes are mental, moving and sensing, two girls re blind. Longitudes of researching peeriods are various. 9 years, 22 years, 26 years and 41 years. Qualitative research methods were inteerviews and making crisis curves of a psychical state. Research reults showed that substantial influences of managing difficult life siruation are amount, quality and timing of a social cae, way of thinking, evaluation and access to the roblem and longitude and amount onus.