

The economic depression ongoing last two years has influenced the significant growth of unemployment. Many people involuntarily lost their jobs and the perspective of future job opportunities at labour market have minimized due to continuing economic recession. Consequences of job loss have affected not only those who lost their jobs but also their families and loved ones. Job loss and unemployment have become a problem of all of us.

This work is dedicated to psychological aspects of the job loss and subsequent unemployment. Psychological problems associated with enforced leaving of the job are reflected in the context of present reality. Also economic and social factors are partly covered as they are closely connected to the job loss and unemployment.

Alternating cycles of the free market economy are commonly accompanied by considerable fluctuations in labour demand and supply. The adequate management of those fluctuations is connected with deeper insight, knowledge and understanding of the situation of those who lost their jobs; flexible training for possible unemployment as well as the efficient state labour and social policy.