

Abstract

The aim of this bachelor thesis was to evaluate the treatment in the diagnosis of the postural syndrome using McKenzie method. In the theoretical part are mentioned influences on the correct body posture. Also it is explained, what the postural syndrome is, what the cause of pain of this syndrome is and how the therapy looks like.

In the practical part is studied 6 probands with this diagnosis.

For evaluation was used subjective assessment of the probands and the diagnostic part of the expert and information system of Computer Kinesiology. There was improvement in the output examination of 5 probands in the segment L5 and improvement in the output examination of 4 probands in the segment L4. All probands subjectively evaluate the therapy positively.