

Annotation:

Volleyball is one of the most popular and widespread sports in the Czech Republic. It is spatially undemanding and can be played all the year round. Relatively simple rules are its important advantage that can be adopted according to possibilities and abilities of the participants. It is also sport with a very long tradition.

This work covers the history of volleyball and its rules in the world as well as in our country. In point of territory it deals with history of the youth teams in Rakovník region. The sports level of the ex - students of the 3rd Basic School in Rakovník after finishing the school was also the matter of interest. The work deals with the ways of selection of the volleyball talents