

Abstrakt v angličtině

The name of dissertation: Movement activities of children in their preschool age

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The objectives of dissertation:

1. Analysing some conditions for carrying out preschool children's activities at selected nursery schools and integrating individual preathletic exercises in children's exercise.
2. Finding out parent's interests in children's sport activities.
3. Differentiation various levels of children's sport activities at same age.

Methodology:

- Study in depth of expert literature
- Informing about background at selected nursery schools
- Monitoring children's sport activities including preathletic exercises and testing its opinion
- Applying simply athletic games to get necessary information to find out the differences in motor level of children at same age.
- Monitoring differences in sport activities of children living in town and in the country
- By way of unstandard questionnaire getting new information about children's and parent's attitudes to own assessment of their sport activities

Results of dissertation

1. Conditions for sport activities at nursery schools locating in towns and in the country differ from one another. Nursery schools in the country don't measure up to the equipment of nursery schools in towns (both in qualitativ and quantitativ way). Although the differences of equipment among individual nursery schools in town can be found too. In my opinion we can easily say, that the larger town and larger nursery school is, the better equipment it has. Despite this fact the conditionals at nursery schools in the country are sufficient (adequate).
2. There was found out, that the most parents provide their children enough opportunity for their sport activities and make them possible to live in an active way. In spite of this fact, in some cases children can be driven to hard which is connected with making extravagant targets on them by their parents. However, it is possible to see some negative parent's influence on their children too, when children don't get enough opportunity for their sport activities in consequence they accept sport activities much worse.
3. According to my analysis were established the differences in sport ability (level) and sport activities of children at same age. These differences have had nothing to do with the place where children live, wherever in town or in the country.

Key words: Children's sport activities, Nursery school, Preschool age, Child's evolution, game

