Abstract


Purpose: To evaluate bioenergetic analysis from the point of view of the physiotherapist and suggest the application of the whole method or some of its components in physiotherapy.

Methods: Thesis is conceived as a theoretical work, was based on the literature retrieval of the accessible relevant literary sources. Literature, pressed and electronic monographs, textbooks, professional journals was derived from the professional medical databases, bibliographical databases, library catalogues, were used also sources from the specialization of psychosomatic medicine, psychology, kinesiology. The obtained knowledge was analyzed from the point of view of the physiotherapist with the goal to suggest the application of the method or some of its components in physiotherapy.

Results: The possibility of the application of the bioenergetic analysis and the therapy as a complex in physiotherapy turn out to be inconvenient. The possibility of the application of the components of the bioenergetic analysis and the therapy seems to be suitable.

Key Words: Bioenergetic Analysis, Defense Mechanisms, Character Structure, Posture, Postural and Gestural Expression